

Artisan food
tells a story you
want to hear

Every time you enter the doors of a big supermarket, burger chain or clothing store you are effectively voting for who produces your food, where it is produced, what breeds and varieties are produced and what the human and environmental cost is to those countries and ours

“Every £1 spent with a local supplier is worth £1.76 to the local economy, and only 36 pence if it is spent out of the area. That makes £1 spent locally worth almost 400 per cent more.”

Cheap food
means cheap
ingredients!

Good food is not
a commodity, it's
as individual as
you and me

Say 'No' to
banker's bonuses
- pay cash
& buy local!

Support your
community -
shop local,
buy local